



ST. JOHN'S EPISCOPAL CHURCH  
ESSEX, NY

St. John's Episcopal Church  
Essex, NY

**Morning Prayer**  
**The 1st Sunday of Lent**  
**Officiant: Bill Tribou**

**In-Person & Zoom Worship**  
**February 18, 2024 □ 10:00 A.M.**

**Loose Plate Offering**  
**Food Shelves**

**Zoom Link for Sunday Worship:**  
**<https://www.stjohnsessexny.org/worshipmeet>**

**The Service begins with the singing of the following hymn**

**PROCESSIONAL HYMN 142** "Lord, who throughout these forty days"

*(Please stand as the Crucifer and Officiant enter)*

**OPENING SENTENCE:** If we say we have no sin, we deceive ourselves, and the truth is not in us, but if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. 1

*John 1:8,9*

*Officiant:* Let us confess our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone.**

**We have not loved you with our whole heart.**

**We have not loved our neighbors as ourselves.**

**We are truly sorry, and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways to the glory of your Name.**

***Amen.***

*Officiant:* Almighty God, have mercy on us; forgive us all our sins through our Lord Jesus Christ. Strengthen us in all goodness; and by the power of the Holy Spirit keep us in eternal life.

***People: Amen.***

## **THE INVITATORY AND PSALTER**

*All stand*

*Officiant:* Lord, open our lips.

***People: And our mouth shall proclaim your praise***

**All: Glory to the Father, and to the Son and to the Holy Spirit: as it was in the beginning, is now, and will be forever. *Amen.***

## **ANTIPHON**

The Lord is full of compassion and mercy: Come let us adore him.

**Christ our Passover: *all say***

**Christ our Passover has been sacrificed for us; \***

**therefore let us keep the feast,**

**Not with the old leaven, the leaven of malice and evil, \***

**but with the unleavened bread of sincerity and truth.**

**Christ being raised from the dead will never die again; \***

**death no longer has dominion over him.**

**The death that he died, he died to sin, once for all; \***

**but the life he lives, he lives to God.**

**So also consider yourselves dead to sin, \***

**and alive to God in Jesus Christ our Lord.**

**Christ has been raised from the dead, \***

**the first fruits of those who have fallen asleep.  
For since by a man came death, \*  
by a man has come also the resurrection of the dead.  
For as in Adam all die, \*  
so also in Christ shall all be made alive.**

### **Psalm 25:1-9**

*Ad te, Domine, levavi*

1 To you, O Lord, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.

3 Show me your ways, O Lord, \*  
and teach me your paths.

4 Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.

5 Remember, O Lord, your compassion and love, \*  
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O Lord.

7 Gracious and upright is the Lord; \*  
therefore he teaches sinners in his way.

8 He guides the humble in doing right \*  
and teaches his way to the lowly.

9 All the paths of the Lord are love and faithfulness \*  
to those who keep his covenant and his testimonies.

### **The Second Song of Isaiah**

**Seek the Lord while he wills to be found; \*  
call upon him when he draws near.  
Let the wicked forsake their ways \*  
and the evil ones their thoughts;  
And let them turn to the Lord, and he will have compassion, \*  
and to our God, for he will richly pardon.  
For my thoughts are not your thoughts, \*  
nor your ways my ways, says the Lord.  
For as the heavens are higher than the earth, \*  
so are my ways higher than your ways,  
and my thoughts than your thoughts.  
For as rain and snow fall from the heavens \*  
and return not again, but water the earth,  
Bringing forth life and giving growth, \*  
seed for sowing and bread for eating,  
So is my word that goes forth from my mouth; \*  
it will not return to me empty;  
But it will accomplish that which I have purposed, \*  
and prosper in that for which I sent it.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.**

*Please be seated for the readings*

**A Reading from *Genesis 9: 8-17***

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*After the reading the reader says "Here ends the lesson"*

## **CANTICLE 9**

### **The First Song of Isaiah**

Isaiah 12:2-6

Surely, it is God who saves me; \*

I will trust in him and not be afraid.

For the Lord is my stronghold and my sure defense, \*  
and he will be my Savior.

Therefore you shall draw water with rejoicing \*  
from the springs of salvation.

And on that day you shall say, \*

Give thanks to the Lord and call upon his Name;  
Make his deeds known among the peoples; \*  
see that they remember that his Name is exalted.

Sing the praises of the Lord, for he has done great things, \*  
and this is known in all the world.

Cry aloud, inhabitants of Zion, ring out your joy, \*  
for the great one in the midst of you is the Holy One of Israel.

**Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen**

## **MEDITATION HYMN 143 "The Glory of these forty days"**

*NB. The Gospel is not proclaimed in MP it is read just as the other lessons. Therefore The Reader Says "A Reading from Matthew etc. & concludes with "Here ends the reading"*

### **A Reading from the Gospel of Mark 1: 9-15**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good

news.”

A Song of Penitence Kyrie Pantokrator

Prayer of Manasseh 1-2, 4, 6-7, 11-15

*Especially suitable in Lent, and on other penitential occasions*

**O Lord and Ruler of the hosts of heaven, \***  
**God of Abraham, Isaac, and Jacob,**  
**and of all their righteous offspring:**  
**You made the heavens and the earth, \***  
**with all their vast array.**  
**All things quake with fear at your presence; \***  
**they tremble because of your power.**  
**But your merciful promise is beyond all measure; \***  
**it surpasses all that our minds can fathom.**  
**O Lord, you are full of compassion, \***  
**long-suffering, and abounding in mercy.**  
**You hold back your hand; \***  
**you do not punish as we deserve.**  
**In your great goodness, Lord,**  
**you have promised forgiveness to sinners, \***  
**that they may repent of their sin and be saved.**  
**And now, O Lord, I bend the knee of my heart, \***  
**and make my appeal, sure of your gracious goodness.**  
**I have sinned, O Lord, I have sinned, \***  
**and I know my wickedness only too well.**  
**Therefore I make this prayer to you: \***  
**Forgive me, Lord, forgive me.**  
**Do not let me perish in my sin, \***  
**nor condemn me to the depths of the earth.**  
**For you, O Lord, are the God of those who repent, \***  
**and in me you will show forth your goodness.**  
**Unworthy as I am, you will save me,**  
**in accordance with your great mercy, \***  
**and I will praise you without ceasing all the days of my life.**  
**For all the powers of heaven sing your praises, \***  
**Glory to the Father, and to the Son and to the Holy Spirit as it**  
**was in the beginning is now and will be forever. *Amen***

**Reflection**

**Bill Tribou**

**THE APOSTLE’S CREED** (*Please stand*)

I believe in God, the Father almighty, creator of heaven and earth;

I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit and born of the  
Virgin Mary.  
He suffered under Pontius Pilate, was crucified, died, and was  
buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead. I believe in  
the Holy Spirit, the holy catholic Church, the communion of saints,  
the forgiveness of sins the resurrection of the body, and the life  
everlasting. *Amen.*

**The Peace** The peace of the Lord be always with you  
**And also with you.**

### **Announcements**

#### **Birthdays and Anniversaries Dick Walker & Kathie Manthorne**

**Watch over our sisters and brothers, O Lord, as their days  
increase; bless and guide them wherever they may be.  
Strengthen them when they stand; comfort them when  
discouraged or sorrowful; raise them up if they fall; and in their  
hearts may your peace which passes all understanding abide all  
the days of their lives; through Jesus Christ our Lord. *Amen.***

**OFFERTORY SENTENCE:** “O Lord our God, you are worthy to receive  
glory and honor and power: because you have created all things, and by  
your will they were created and have their being.”

**OFFERTORY Hymn 316** “This is the hour of banquet and of  
song”

### **THE PRAYERS**

*Officiant:* The Lord be with you

*People:* And also with you.

*Officiant: Let us pray.*

*Officiant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,**

thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread and forgive us our trespasses as  
we forgive those who trespass against us.  
And lead us not into temptation, but deliver us  
from evil.  
For thine is the kingdom, and the power, and the glory, for ever  
and ever. *Amen.*

#### **SUFFRAGE B**

Save your people. Lord, and bless your inheritance:  
**Govern and uphold them, now and always.**  
Day by day we bless you;  
**We praise your name for ever.**  
Lord, keep us from all sin today;  
**Have mercy upon us, Lord, have mercy.**  
Lord, show us your love and mercy;  
**For we put our trust in you.**  
In you. Lord, is our hope;  
**And we shall never hope in vain.**

#### **COLLECT**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

*Officiant:* The Lord be with you.

*People:* **And also with you.**

**Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.***

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen*

Give grace to all those whose lives are linked with ours. We **pray especially for: Geoffrey, Lois, Joyce, Abra, Mike, Beverly, Noa, Lillian Chris Rae Olivia Cheryl Larry Steven Tom Karen**



**EMMA, CHRIS, KAC, SHIVA, SHERYL, LARRY, STEVEN, JOHN, KATHEN,  
John, Chris, Lynne, Eve, Anne, Ella, Louis, Lee, Gene, Dick,  
Arnold and Nancy.**

**May we serve Christ in one another, and love as Christ loves us.**

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen.

[Here other intercessions may be offered]

**Dear Lord, grant us your wisdom and guidance as we embark upon our search process. Help us to humbly discern and accomplish your will for St. John's. We know this will be a challenging journey for all of us, but we pray that it will strengthen our faith, and our respect and love for each other. Help us to share more deeply our faith in you as we learn to listen to each other with open hearts and minds and to hear your voice in all that we say and do. In Jesus' name we pray. Amen.**

**THE GENERAL THANKSGIVING (please stand)**

**Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory . And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.**

## **PRAYER OF St. CHRYSOSTOM**

**Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.***

Let us bless the Lord.  
**Thanks be to God.**

*Officiant concludes with the Ephesians 3:20, 21*

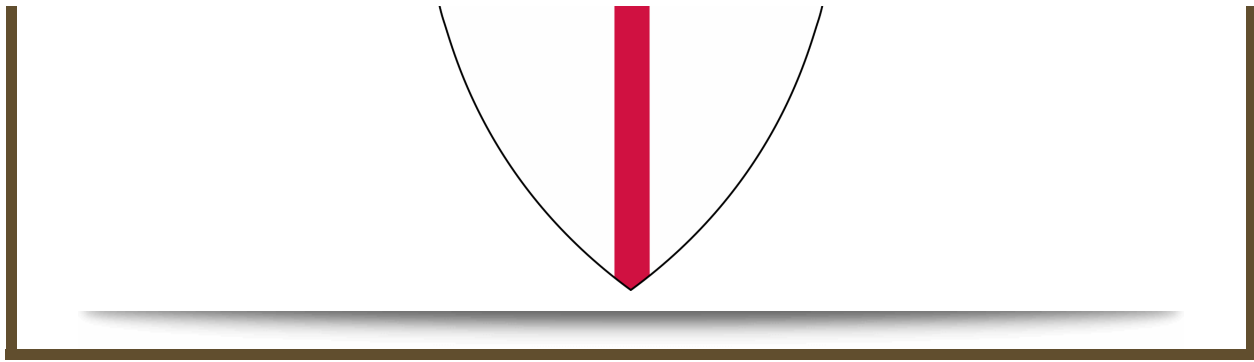
Glory to God whose power, working in us, can do infinitely more than we can ask or Imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever.  
***Amen***

## **RECESSIONAL HYMN 599 “Lead us Heavenly Father Lead us”**

### **Ministers of the Service**

Usher/Greeter: Julie Wever & Kevin O’Neill  
Crucifer: Darcey Hale  
Officiant: Bill Tribou  
Lector: Daphne Hallowell  
Intercessor: Kevin O’Neill  
Zoom Host: Diana Lawrence  
Coffee Hour Hosts: Anne Zilch & Carole Harsh  
Cantor: Michael Bergman  
Organist & Music Director: Jennifer Moore





St. John's Episcopal Church | 4 Church Street, Essex, NY 12936



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